



# Firehouse Quilts of Colorado, Inc

Non-Profit Focus on Children-Fed. (501c3) #20-2407519  
Colorado State Tax Exemption #98-17462-0000

NOVEMBER 2010 FHQ NEWSLETTER

## Action Care Delivery of 90 Snuggle Quilts Oct. 20, 2010



2 new ambulances for Security Co.

Our first stop was the storage bin to pick 90 quilts, all bagged for delivery. Volunteers making the delivery were Susan Knox, Barbara Carlson, Lucy Letillier, Dusty Darrah, Dianne Myers (taking photos) & Joanie Hiner met us at Action Care.



Storage

During our tour of their facility, dispatch center and ambulance, they provided us with some wonderful hot

apple cider and some great pumpkin bread.



Snacks

Below are the comments from some of our volunteers that went on the delivery.



*My, we really received a welcome today. I was surprised how much time all of those folks spent with us and how they depend on us to have a supply of quilts for their patients. Thanks to you, we can keep them coming. It was nice to see that end of our efforts when as you sew you never really appreciate what a difference our stitching can make in lives of children. Thanks for the chance to see it all in "action". Lucy L.*



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Ambulance tour

Thanks for the opportunity to participate in today's delivery to Action Care Ambulance, Inc. They are delightful people. What struck me the most is their genuine appreciation for the quilts FHQ donates for their ambulances and patients.

I saw a real "connectedness" on their part with FHQ; real partners in Care. Barbara C.

I couldn't have imagined a more thoughtful, caring group of folks

to receive these little expressions of love. We make quilts for young people in hopes we help them through a trauma but the surprise for me today was, we also help those fantastic first responders so that they can feel the support and appreciation for what they do everyday. Bravo to them! Dianne M.

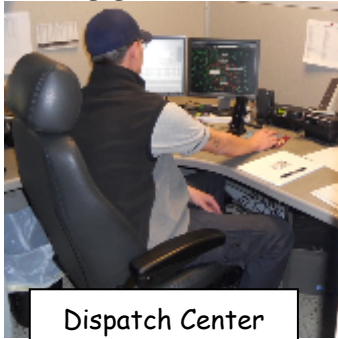
*Dena did a very nice job of having nice refreshments and really treating us with a tour. The whole company seems very well organized. Hearing how the quilts*

*are distributed and really used makes you glad to work on them, whatever function each of us helps with. I know I feel better*

*having gone to this distribution place and hope more of our members try to go. Susan K.*



Natalie giving tour



Dispatch Center

I was so glad to be able to go on our delivery to Action Care Ambulance Service. They were so genuine in their appreciation of our work that it makes it even more special to give them our quilts. Even the company president made it a point to come out and thank us. I was also impressed that they do community service with the school children in talking to them about crossing the street and also their interest in a center for mentally disabled people.

*The tour of the office and ambulance was also interesting. I had no idea that they trained EMTs and Paramedics and then hired some of them. All in all it was a very worthwhile morning.*

*I love the way Dena sends notes of responses from mothers and children who receive our quilts. Joanie H.*



Inside ambulance



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*Dena Levings & Cole McCleary (Action Care)*

## Action Care Updates

**3 year old female:** Febrile seizure; she was a very ill little girl when we gave her the quilt. She held it tight and fell asleep.

**9 year old male:** Patient was afraid to go to the Psychiatric Hospital and be away from his parents. He sat rubbing the quilt in his lap.

**9 month old male:** Suffered a fall. LOVED IT! Could/would not stop holding the quilt.

**4 year old female:** Fell and fractured her arm. She was crying and afraid until she was given the quilt. She looked at it and stopped crying almost immediately.

**6 year old female:** Was suffering from pneumonia and having difficulty breathing. She wrapped her arms around the quilt and held the oxygen mask.

**2 year old male:** Croup; in his little raspy voice, he said "Thank you".

**6 year old male:** Suffered an electrical shock/ patient truly enjoyed his quilt.

**1 year old male:** Fever per mother "My son likes his quilt very much" Thank you.

**9 year old female:** Severe food allergy after eating out with family. Patient has been discharged from the hospital and is doing well.

**11 year old male:** Croup. We had a couple of quilts on the ambulance and he was able to pick the one he liked the best.

**4 month old female:** Had abnormal crying and was transported for specialty pediatric evaluation and care. Mother wrapped the baby in the quilt and said "thank you so much for such a kind gift."

**4 year old female:** Patient was very shy and withdrawn, when she received the quilt, she was happy, smiling and would not let go of it for anyone.

**4 year old male:** Fell off couch; suffered an eye injury. (The eye injury was fine) He held the quilt up to his face and would not move it until we arrived at the hospital.



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## Daniel's Firehouse Quilt & Pillowcase Arrives

Last month, I told you about a family with three young boys that have Mitochondrial disease and the mother asked if she could 'buy' one of our snuggle quilts for her youngest boy. We wrote back and forth several times; I told her 'no, we don't sell our snuggle quilts but we'd love to GIVE him one!' I sent a few photos of different colored quilts he might like and let him 'pick' his own quilt.

After hearing that the other two boys had received a pillowcase with their FHQ snuggles from Eli's Angels, I asked Jean Murphy to make one for Daniel too. She whipped it out in no time, picked up the box with the quilt packed in it already and mailed it that day. Thanks Jean, for dropping everything to get the cute pillowcase made in time to send with the quilt.

Here's the note I received from Daniel's mom after our special surprise box arrived.



*"The quilt arrived today and Daniel's face was lit up the entire time he was taking it out of the box. I kept asking him what it was and he kept squealing "A quilt! A quilt!" and then he said "Is it mine?" and I told him yes and he was beaming. He can't wait to sleep with it. I will send a pic so you can see for yourself how thrilled he is!*

*The pillowcase is adorable as well.*

*What a special treat for him!*

*Your organization is truly the best! It was*

*especially nice to have a bright spot to this weekend as it has been a sad one for us. One of our close friends lost her 4 year old son suddenly and unexpectedly to Mito (the disease my boys have) this past Thursday night. It has been hard on the boys because they had spent a lot of time with this sweet little boy and had grown to care a lot about him and his sister. His sister is taking this especially hard because they were very close in age and had a very close relationship and she keeps telling everyone not to be sad, that he is coming back. Tomorrow night is the viewing and I am sure seeing her brother is going to hit her very hard. This is the first friend in our little group to pass away and I am sure it won't be the last and it just makes me so very sad for all the kids involved."*

*Melody Pohla*





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## How to Spray Baste Your Quilt Layers Instead of Basting by Hand

<http://how-to-quilt.com/articles/9505-basting-spray.php>

When using this technique, be careful not to breathe in the toxic vapors;  
turn a fan on for ventilation or do it outdoors.

Penny Halgren has a great website ([www.how-to-quilt.com](http://www.how-to-quilt.com))

with all kinds of instructions for different quilting techniques.

How to Clean Your Iron: <http://www.how-to-quilt.com/articles/6056-cleaning-steam-iron.php>



## Why is the word 'ambulance' spelled backward on the hood of their vehicle?

So when they are behind you in traffic and you look in your rear-view mirror, you can easily read it!

## New Link on FHQ Website

Check out the art quilts some FHQ members made after attending Carol Waugh's class.

If you and other FHQ members have taken a quilting-type class together, please email photos and the other pertinent info about the class and your instructor so I can add it to this page too.

[www.firehousequilts.org](http://www.firehousequilts.org) and click on CLASSES link at the top of the page.



## Profits from On The Border's Give-Back-Night

We had such a wonderful turn-out of our FHQ volunteers & friends show up at our Give-Back-Dinner last month.

Several of you brought your entire family and filled a table for 8. Wow! We had a lot of fun having dinner together throughout the whole restaurant. The manager told us we filled the restaurant better than any other nonprofit they've worked with this year. Nice compliment.

*Thanks to everyone that participated.*

We received a cool check for \$300 this week; our profit from the evening.



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## \$2,000 Donation to FHQ from Wells Fargo Bank

As you might remember, we've been waiting several months to get our final approval to start spending the \$5,000 grant we've received from Douglas County Block Grant. We're just itchin' to get out and purchase a bunch of truly appropriate children's fabric for our snuggle quilts and some nice, calming, peaceful colors for the double-sized quilts we'll be making for the Women's Crisis Center.



In the meantime, Sherri Mayne kept her eyes open for other places to request grants for purchasing our supplies and really scored a nice one. She filled out a grant application with Wells Fargo Bank a little earlier in the year and today we received a check from them for \$2,000.



Great job, Sherri! Thank you for putting in the time & effort to do the paperwork and keeping on top of it so they didn't forget us.

## FHQ Christmas Party Tuesday, December 14, 2010 (5p)



Invitations to our annual FHQ volunteer's Christmas party (Marie Calendar's, Dry Creek & Broadway) will go out to our active email list the middle of November but I want to give you enough time to put it on your calendar.



\$21.50 per person includes salad, non-alcoholic beverage, cornbread/honey butter, choice of entrée (Baby Back Ribs, Salmon or Chicken), choice of pie (German Chocolate, Lemon or Razzleberry), tax & tip.

*RSVP with your choice of entrée and dessert after you receive the email invitation.*

Make your check out to Firehouse Quilts and give to our treasurer, Mary Peterson at Sew Days before the party. As always, we'll have wonderful door prizes and great table favors for everyone attending and cash bar will be available. Santa may even show up again. ☺

## 2010 SEW DAY SCHEDULE

*(Sew Days are 'work' days for Firehouse Quilts volunteers.)*

Wednesday, Nov. 3<sup>rd</sup> (4:30p)

Thursday, Nov. 18 (12:30p)

Wednesday, Dec. 1<sup>st</sup> (4:30p)

Thursday, Dec. 16, 2010 (12:30p)